

| | TERM 1 | | TERM 2 | | TERM 3 | |
|-----------|-----------------------------|-----------------------------|----------------------|-----------------------|-----------------------------|----------------|
| Reception | Introduction to PE : Unit 1 | Introduction to PE : Unit 2 | Ball Skills : Unit 1 | Ball Skills : Unit 2 | Games : Unit 1 | Games : Unit 2 |
| | Fundamentals : Unit 1 | Fundamentals : Unit 2 | Gymnastics : Unit 1 | Dance : Unit 1 | Gymnastics : Unit 2 | Dance : Unit 2 |
| Year 1 | Net and Wall Games | Ball Skills | Invasion Games | Sending and Receiving | Striking and Fielding Games | Athletics |
| | Gymnastics | Dance | Gymnastics | Dance | Yoga | Team Building |
| Year 2 | Net and Wall Games | Ball Skills | Invasion Games | Sending and Receiving | Striking and Fielding Games | Athletics |
| | Gymnastics | Dance | Gymnastics | Dance | Yoga | Team Building |
| Year 3 | Ball Skills Y3/4 | Football | Tag Rugby | Basketball | Cricket | Athletics |
| | Gymnastics | Dance | Gymnastics | Dance | Yoga | OAA |
| Year 4 | Ball Skills Y3/4 | Football | Tag Rugby | Basketball | Cricket | Athletics |
| | Gymnastics | Dance | Gymnastics | Dance | Yoga | OAA |
| Year 5 | Badminton Y5/6 | Football | Tag Rugby | Basketball | Cricket | Athletics |
| | Dance | Gymnastics | Dance | Gymnastics | Swimming | OAA |
| Year 6 | Badminton Y5/6 | Football | Tag Rugby | Basketball | Cricket | Athletics |
| | Dance | Gymnastics | Dance | Gymnastics | Yoga | OAA |