



CONCEPT MAP FOR PHYSICAL EDUCATION



CONCEPTS

COMPONENTS

CONTEXTS/DISCIPLINES

Motor Competence

- Running
- Jumping and landing
- Throwing
- Catching
- Balance
- Agility
- Co-ordination

- Dance
- Gym
- Athletics
- Swimming
- Football
- Rugby
- Netball

Rules, strategies and tactics

- Conventions
- Regulations
- Strategies

- Cricket
- Rounders
- Badminton
- Volleyball
- Hockey

Healthy participation

- Social interaction
- Health and fitness
- Creativity
- Practice
- Application
- Personal development

- Cycling
- Outdoor and adventurous activity