

Cranford Park Physical Education Overview Map

Year Group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	Awareness of space Parachute Cosmic Kids Yoga	Games- throwing/aiming Parachute Cosmic Kids Yoga Christmas Dance	Games- Rugby skills Parachute Cosmic Kids Yoga	Games- Basketball skills Parachute Cosmic Kids Yoga	Parachute Cosmic Kids Yoga Dance – in the garden	Games- Sports Day athletics Cosmic Kids Yoga Dances from around the world
<p><u>Physical activities available through child initiated learning throughout the year:</u></p> <ul style="list-style-type: none"> - 'Funky Fingers' Fine motor skills - Bikes and scooters - Digging pit and mud kitchen - Climbing/balance through use of tyres, crates, logs, stumps etc. outside 						
Year 1	Games – ball skills Gym - flight	Games – throwing and catching inventing games Dance - seasons	Games – throwing and catching inventing games Gym – points and patches	Games bat and ball skills & skipping Dance – in the garden	Games – developing partner work Gym - rocking and rolling	Games – Sports day athletics Dance – fish/bear
Year 2	Games – throwing and catching – Rugby Dance – moon landing	Games – dribbling and hitting – hockey Gym – parts high, parts low	Games = throwing and catching – basketball Dance -pirates	Games – dribbling and kicking football Gym – spinning, turning and twisting	Games – inventing games – tennis / net or wall Dance – maypole / country dance	Games – group striking and fielding – rounders Gym – linking movements

Cranford Park Physical Education Overview Map

Year 3	Tennis Dance (Wimbledon)	Hockey Gym (Symmetry)	OAA Dance (Fish and Eagle)	Football Gym (Balance)	Athletics Dance (Football)	Cricket Gym (Rolling)
Year 4	Golf Dance (Don't worry child)	Netball Gym (Balance)	Rugby Dance (Haka)	Hockey Gym (Partner work)	Rounders Dance (Animals)	Athletics Gym (Symmetry)
Year 5	Badminton Swimming	Swimming Dance (Water)	Swimming Gym (Flight)	Football Swimming	Athletics Gym (Spin and Turn)	Rounders Dance (Electricity)
Year 6	Dance (WW2) OAA Trip to Runways End	Tennis Volleyball	Netball Dance (Greeks)	Cricket Gym (Sync and Canon)	Tennis Dance (Happy!) Swimming LA	Athletics Gym (Counterbalance) Swimming LA