





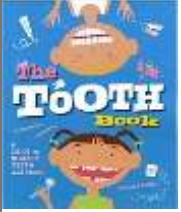


Long Term Overview for PSHE at Cranford Park Primary

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	Children should be supported to manage emotions, develop a positive sense of self, set themselves simple goals, have confidence in their own abilities, to persist and wait for what they want and direct attention as necessary. Through adult modelling and guidance, they will learn how to look after their bodies, including healthy eating, and manage personal needs independently. Through supported interaction with other children, they will learn how to make good friendships, co-operate and resolve conflicts peaceably.					
Year 1	Who is special to us?	Who helps to keep us safe?	What is the same and different about us?	What helps us stay healthy?	What can we do with money?	How can we look after each other and the world?
Book hooks						
Key learning / vocab	Relationships Ourselves and others; people who care for us; groups we belong to; families	Health and wellbeing Keeping safe ; people who help us	Relationships Ourselves and others; similarities and differences ; individuality; our bodies	Health and wellbeing Being healthy ; hygiene ; medicines ; people who help us with health	Living in the wider world Money ; making choices ; needs and wants	Living in the wider world Ourselves and others ; the world around us; caring for others; growing and changing
Links back						

Links forwards	Y2- What makes a good friend? Y3 – What are families like?	Y2-What helps us to stay safe? Y3- What keeps us safe? Y4 How can we manage risk in different places?	Y4- How do we treat each other with respect? Y5- What makes up a person’s identity?	Y2 – What helps us grow and stay healthy? Y3- Why should we keep active and sleep well?	Y5 – What decisions can people make with money?	Y4- How can our choices make a difference to others and the environment?
Year 2	What helps us grow and stay healthy?	What helps us to stay safe?	What makes a good friend?	What is bullying?	How do we recognise our feelings?	What jobs do people do?
Book hooks						
Key learning / vocab	Health and wellbeing Being healthy : eating, drinking, playing and sleeping	Health and wellbeing Keeping safe ; recognising risk ; rules	Relationships Friendship ; feeling lonely ; managing arguments	Relationships Behaviour ; bullying ; words and actions ; respect for others	Health and wellbeing Feelings ; mood ; times of change ; loss and bereavement ; growing up	Living in the wider world People and jobs ; money ; role of the internet
Links back	Y1- What helps us stay healthy?	Y1- Who helps to keep us safe?	Y1- Who is special to us?	Y1- How can we look after each other and the world?	Y1- Who helps to keep us safe?	Y1- What can we do with money?
Looks forward	Y3- Why should we keep active and sleep well?	Y3- What keeps us safe? Y4 How can we manage risk in different places?	Y4- How do we treat each other with respect?	Y4- How do we treat each other with respect? Y5- What makes up a person’s identity?	Y3- How can we manage our feelings?	Y5- What jobs would we like?

Year 3	How can we be a good friend?	What keeps us safe?	What are families like?	What makes a community?	How can we manage our feelings?	Why should we keep active and sleep well?
books						
Key learning / vocab	Relationships Friendship ; making positive friendships, managing loneliness , dealing with arguments	Health and wellbeing Keeping safe ; at home and school; our bodies; hygiene ; medicines and household products	Relationships Families ; family life; caring for each other	Living in the wider world Community ; belonging to groups; similarities and differences ; respect for others	Health and wellbeing Feelings and emotions ; expression of feelings; behaviour	Health and wellbeing Being healthy : keeping active , taking rest
Links back	Y1- Who is special to us? Y2- What makes a good friend?	Y1- Who helps to keep us safe? Y2- What helps us to stay safe?	Y1- Who is special to us?	Y1- How can we look after each other and the world?	Y2- How do we recognise our feelings?	Y1- What helps us stay healthy? Y2 - What helps us grow and stay healthy?
Links forward	Y4- How do we treat each other with respect? Y5- How can friends communicate safely? Y6- How do friendships change as we grow?	Y4- How can we manage risk in different places? Y5- How can we help in an accident or emergency? Y6- What will change as we become more independent?	Y5- What makes up a person's identity?	Y4 - How can our choices make a difference to others and the environment? Y5 – Identity	Y4- How will we grow and change?	Y4- Why should we eat well and look after our teeth?
Year 4	What strengths, skills and interests do we have?	How do we treat each other with respect?	How can we manage risk in different places?	How will we grow and change?	How can our choices make a difference to others and the environment?	Why should we eat well and look after our teeth?

						
Key learning / vocab	Health and wellbeing Self-esteem: self-worth; personal qualities; goal setting; managing set backs	Relationships Respect for self and others; courteous behaviour; safety; human rights	Health and wellbeing Keeping safe; out and about; recognising and managing risk	Health and wellbeing Growing and changing; puberty	Living in the wider world Caring for others; the environment; people and animals; shared responsibilities, making choices and decisions	Health and wellbeing Oral hygiene, brushing, diet, sugar, acid
Links back	Y1- What is the same and different about us? Y3- What makes a community?	Y1- How can we look after each other and the world?	Y1- Who keeps us safe? Y2-What helps us to stay safe? Y3- What keeps us safe?	Y2- What helps us grow and stay healthy?	Y1- How can we look after each other and the world?	Y1- What helps us stay healthy? Y2 – What helps us grow and stay healthy? Y3- Why should we keep active and sleep well?
Links forward	Y5- What jobs would we like? Y5- What makes up a person's identity?		Y5- How can we help in an accident or emergency? Y6- What will change as we become more independent?	Y6- What will change as we become more independent? How do friendships change as we grow?	Y6- How can the media influence people?	Y6- How can we keep healthy as we grow?

Year 5	What makes up a person's identity?	What decisions can people make with money?	How can we help in an accident or emergency?	How can friends communicate safely?	How can drugs common to everyday life affect health?	What jobs would we like?
Books						
Key learning / vocab	Health and wellbeing Identity; personal attributes and qualities; similarities and differences; individuality; stereotypes	Living in the wider world Money; making decisions; spending and saving	Health and wellbeing Basic first aid, accidents, dealing with emergencies	Relationships Friendships; relationships; becoming independent; online safety	Health and wellbeing Drugs, alcohol and tobacco; healthy habits	Living in the wider world Careers; aspirations; role models; the future
Links backwards	Y1- What is the same and different about us? Y3- What are families like? Y4- What strengths, skills and interests do we have?	Y1- What can we do with money?	Y1- Who helps to keep us safe? Y2- What helps us to stay safe? Y3- What keeps us safe? Y4- How can we manage risk in different places?	Y2- What makes a good friend? Y3- How can we be a good friend? Y4- How do we treat each other with respect?		Y2- What jobs do people do?
Links forward	Y6- What will change as we become more independent?	Y6- How can the media influence people?	Y6- What will change as we become more independent?	Y6- How do friendships change as we grow?	Y6- How can we keep healthy as we grow?	Y6- How can the media influence people? What will change as we become more independent?
Year 6	How can we keep healthy as we grow?		How can the media influence people?		What will change as we become more independent? How do friendships change as we grow?	

Books			
Key learning / vocab	<p>Health and wellbeing</p> <p>Looking after ourselves; growing up; becoming independent; taking more responsibility, mental and physical health, legal and illegal drugs</p>	<p>Living in the wider world</p> <p>Media literacy and digital resilience; influences and decision-making; online safety</p>	<p>Relationships</p> <p>Different relationships, romantic, intimate, gender, ethnicity, faith, couples, changing and growing, adulthood, independence, moving to secondary school</p>